



Emergency Kit Checklist



- ☐ **Water** - 2 litres per person per day (include small bottles)
- ☐ **Extra keys** for your car and house
- ☐ **Food** that won't spoil, such as canned food, energy bars, and dried foods (replace once a year)
- ☐ **Manual can opener, utensils, plates and cups**
- ☐ **Important family documents** such as identification, insurance and bank records
- ☐ **First aid kit, prescription medications, medical equipment**
- ☐ **Emergency plan** - include a copy in your kit as well as contact information
- ☐ **Cash, travelers' cheques, and change**
- ☐ **Wind-up or battery-powered flashlight and radio** (and extra batteries)
- ☐ Duct tape, basic tools (hammer, pliers, pocket knife, screwdrivers, work gloves), whistle
- ☐ Sleeping bag or warm blanket for each household member
- ☐ Change of clothing and footwear for each household member
- ☐ Candles and matches or lighter (in sturdy containers, do not burn unattended), small fuel-operated stove and fuel
- ☐ Toiletries and personal hygiene items
- ☐ Hand sanitizer, toilet paper, and garbage bags
- ☐ Prepaid phone card, mobile phone charger
- ☐ Pet food and supplies
- ☐ Infant formula, baby food and supplies
- ☐ Activities like children's books, puzzles or toys

